

You have been scheduled for an ambulatory EEG to be setup at Neurology Consultants of Dallas.

Fridays Will be the Setup Day:

Please arrive at least 15 minutes before your scheduled testing time to complete registration on the 10th floor.

Disconnect Day:

We will schedule an appointment to disconnect the EEG in the appropriate time period; please check-in on the 10th floor before heading to the technician area.

Neurology Testing Center
Neurology Consultants of Dallas
8390 LBJ Fwy, Suite 1000, **9th Floor**
Dallas TX 75243

The ambulatory EEG is a non-invasive test that detects and records the electrical activity of your brain. Small disc electrodes will be placed in various places on your scalp with a conductive cream, tape, and glue (all products are hypo-allergenic).

The initial testing will take place in the office, with the technician, as a baseline recording of your brain waves is retrieved. You will be asked simple orienting questions, to open and close your eyes, and perform mental tasks. If your doctor requests, we will perform photic stimulation (a strobe light therapy) or hyperventilation (a deep breathing exercise).

You will then be sent home for 72 hours with the portable monitor and asked to keep a diary of what you are doing and what symptoms you are experiencing. Along with the EEG, your physician may also request a video monitor to assist with diagnosing your condition.

****You will not be able to shower with the electrodes in place**

Please prepare for the procedure by doing the following:

1. Please have hair clean and dry with no oils, hairspray, or other product in it.
 - Also please remove any braids, wigs, weaves, or extensions as we need to get to specific places on the scalp to apply our electrodes.
2. Please wear comfortable clothing for the setup.
 - For ease during the recording, wearing clothing that buttons down or zips up is best.
 - You may want to bring a cap or scarf for after the procedure.
3. You may eat and sleep as usual; before, during, and after the testing.
4. Please take your scheduled medications as directed.