

You have been scheduled for a baseline EEG at Neurology Consultants of Dallas.

Please arrive at least 15 minutes before your scheduled testing time to complete registration on the 10th floor.

Neurology Testing Center
Neurology Consultants of Dallas
8390 LBJ Fwy, Suite 1000, **9th Floor**
Dallas TX 75243

The EEG is a non-invasive test that detects and records the electrical activity of your brain. Small disc electrodes will be placed in various places on your scalp with a conductive cream and tape which will be removed before you leave.

This testing will take place in the office, with the technician, as a baseline recording of your brain waves is retrieved. You will be asked simple orienting questions, to open and close your eyes, and perform mental tasks. If your doctor requests, we will perform photic stimulation (a strobe light therapy) or hyperventilation (a deep breathing exercise).

Please prepare for the procedure by doing the following:

1. Please have hair clean and dry with no oils, hairspray or other product in it.
 - Also please remove any braids, wigs, weaves or extensions as we need to get to specific places on the scalp to apply our electrodes.
2. Please wear comfortable clothing. You may want to bring a cap or scarf for after the procedure.
3. Please refrain from caffeinated beverages for 12 hours before your test procedure.
4. You may eat as usual but do not drink any caffeine for 24 hours before exam
5. Please take your scheduled medications as directed.
6. Achieving sleep during the recording will lead to the highest quality test.
 - We ask that you wake up early the day of your test; and stay awake until the technologist allows you to nap during the procedure.